

a Reseller-Club: Premier Users' Club

Session: Southend vs Peterborough Michael Fox, Peterborough, United Kingdom

Period 1

8v8 - Bigger sided game.

In Possession make the pitch as big as possible. Out of possession - Be a good team mate Recover.

Brave footballers - Receive the ball in between the lines - Can you receive to play forwards ?

Passing - Passes into feet (Punch them in) Into space (leave it in the space)

Look after the ball - build up your attacks - Recognise when to change tempo of attacks.



Period 2

8v8 - Bigger sided game.

In Possession make the pitch as big as possible. Out of possession - Be a good team mate Recover.

Brave footballers - Receive the ball in between the lines - Can you receive to play forwards ?

Passing - Passes into feet (Punch them in) Into space (leave it in the space)

Look after the ball - build up your attacks - Recognise when to change tempo of attacks.



Period 3

8v8 - Bigger sided game.

In Possession make the pitch as big as possible. Out of possession - Be a good team mate Recover.

Brave footballers - Receive the ball in between the lines - Can you receive to play forwards ?

Passing - Passes into feet (Punch them in) Into space (leave it in the space)

Look after the ball - build up your attacks - Recognise when to change tempo of attacks.



Period 4

8v8 - Bigger sided game.

In Possession make the pitch as big as possible. Out of possession - Be a good team mate Recover.

Brave footballers - Receive the ball in between the lines - Can you receive to play forwards ?

Passing - Passes into feet (Punch them in) Into space (leave it in the space)

Look after the ball - build up your attacks - Recognise when to change tempo of attacks.

