Period 1

Start Strong with big first challenge.

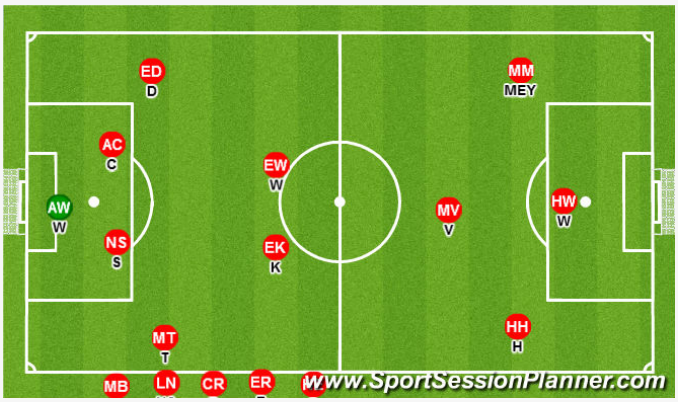
How can we switch play quickly without playing ball high risk across back

How should our Kick offs look

Must be brave, must play with power - need to put team on back foot straight away.

Positive attitude to shoot from range and on sight.

Combination play - Possess or penetrate?



Period 2

Front 3 start strong, push defenders back anmd play with strong physical precense.

make life difficult for midfield players and hit gaps.

Positive play to get shots off early.

