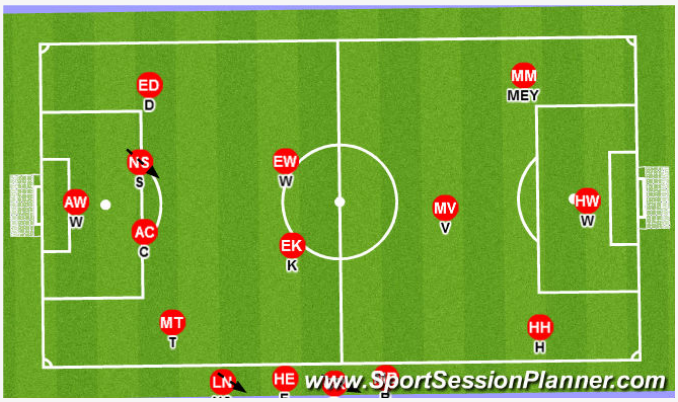
Period 1


ED
D
NS
S
AW
W
AC
C
EW
W
EK
K
MV
V
MM
MEY
HW
W
MT
T
HH
H
LN
HE
www.SportSessionPlanner.com